

Goal For The Week:

Create your goal for the week and then create a seven day plan to get there. You should have 6-8 goals every week, so my recommendation would be to print out this sheet every week. Never save everything for the last minute. It's better to do work at a consistent rate than it is to cram it in for the sake of getting it done and maintaining value. The motivational quotes at the very end will help you through your journey. There is no such thing as having too much motivation.

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 7

The winners are the people who believe they can win

There are no limits to success

Our lives are temporary, but our legacies are permanent

There is no output without an input

The only barriers to success are the ones we create ourselves